

THIS IS
WHAT I
EAT AT
HOME

Sulaiman

**FILL THE
BOWL
WITH
ANYTHING!**

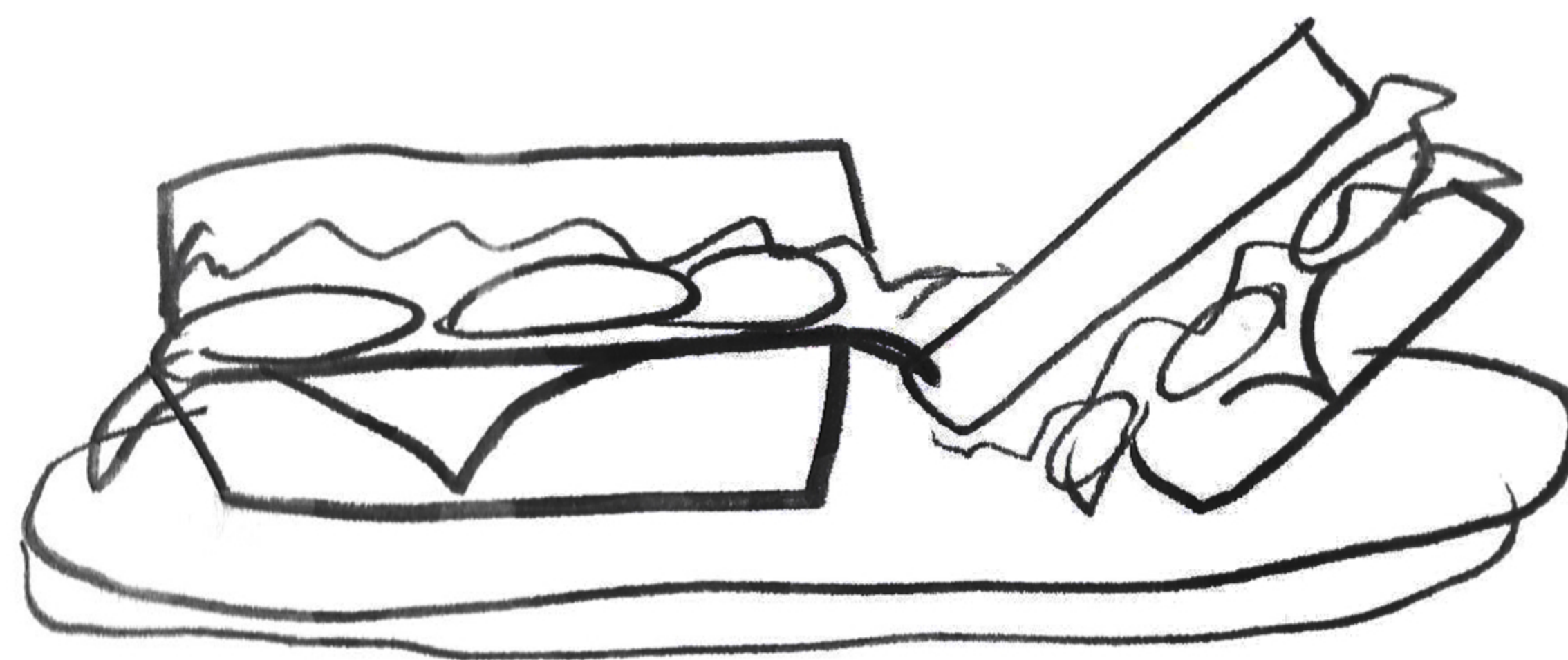


RECORD YOUR
MEALS FOR A
DAY IN WORDS
OR DRAWINGS!

DATE:

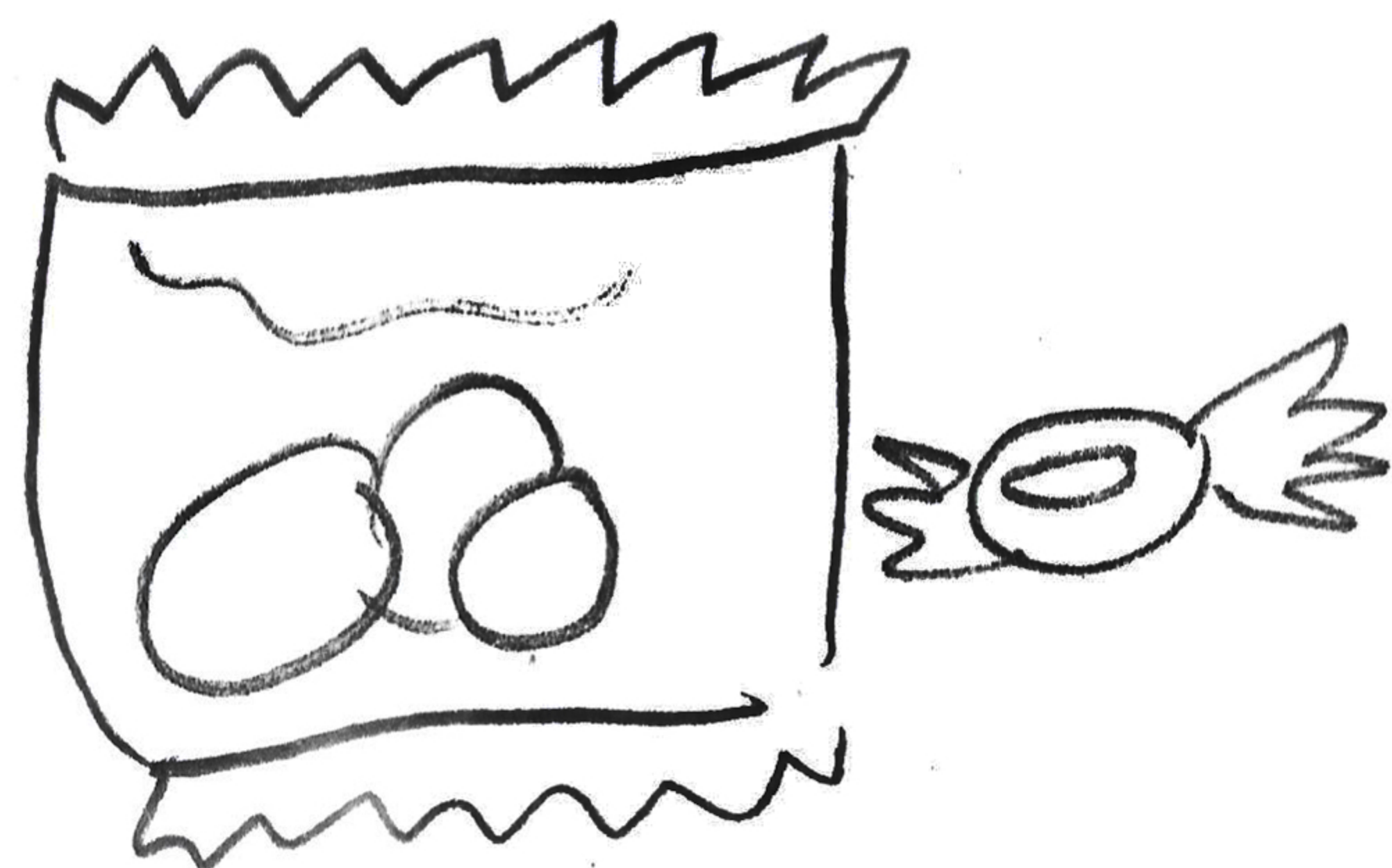
7/5/2021

Breakfast .



Time: 5:00

Lunch



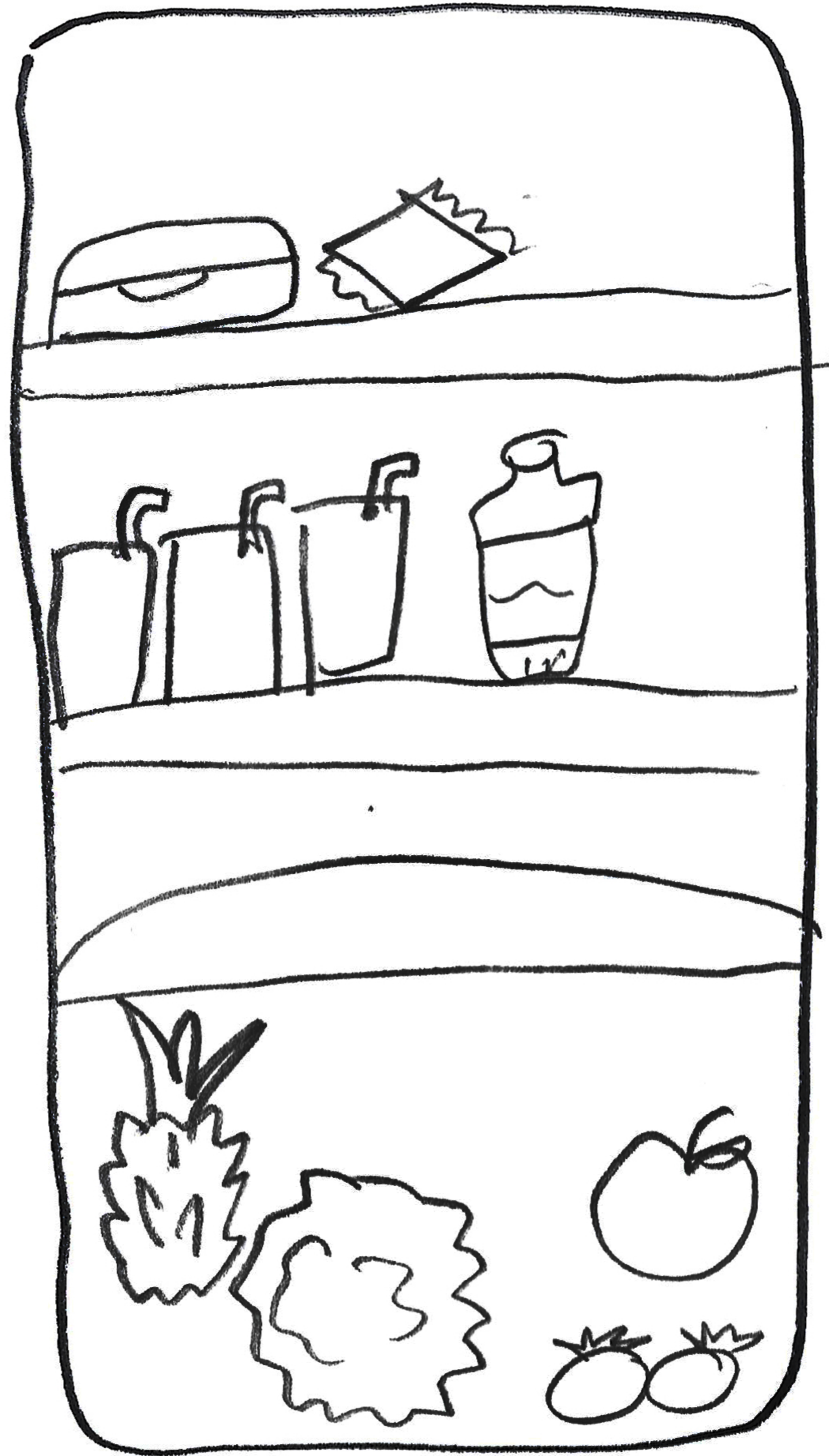
Time: _____

Dinner

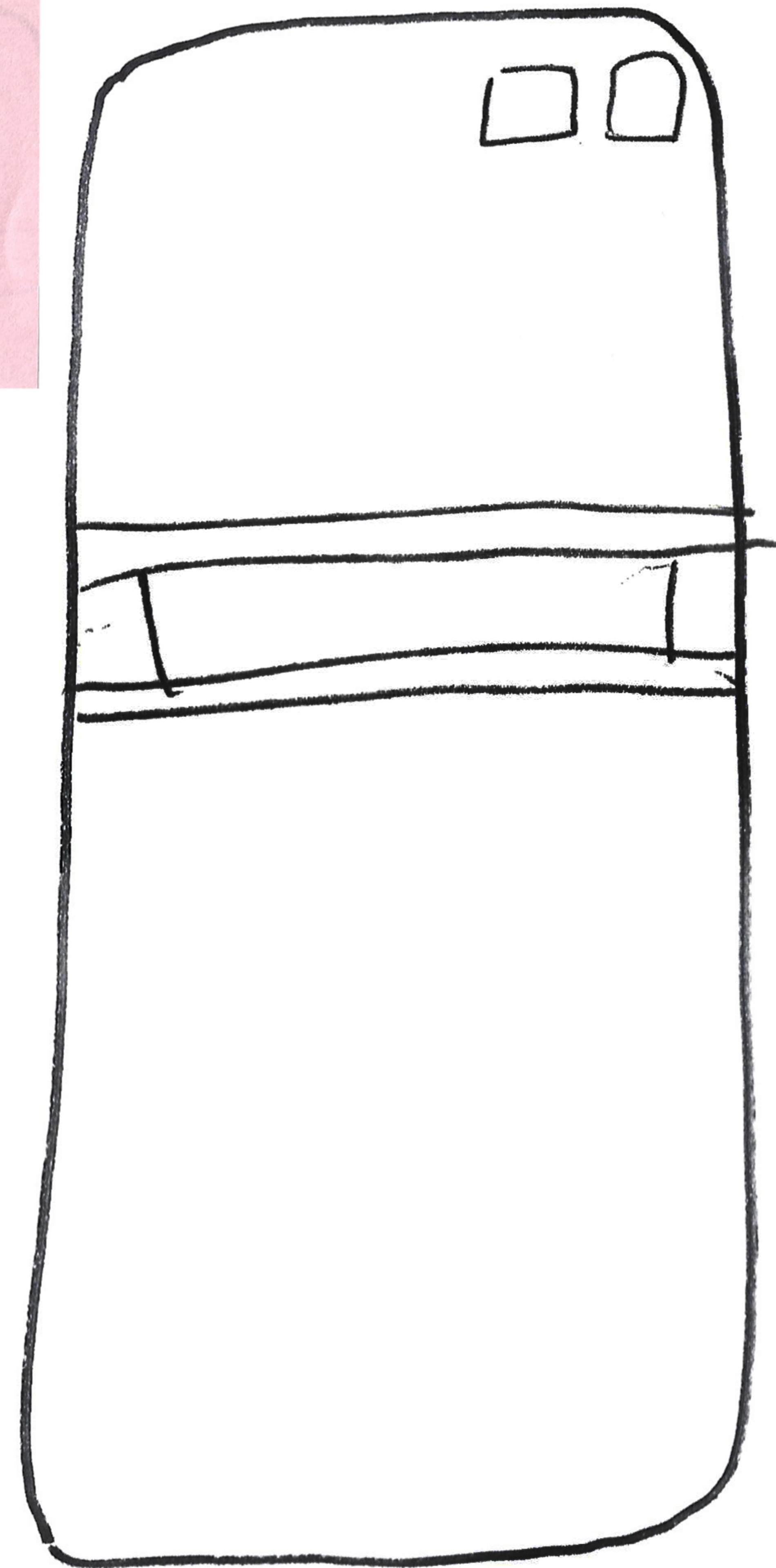


Time: 7.10

DRAW
YOUR
HOME
FRIDGE

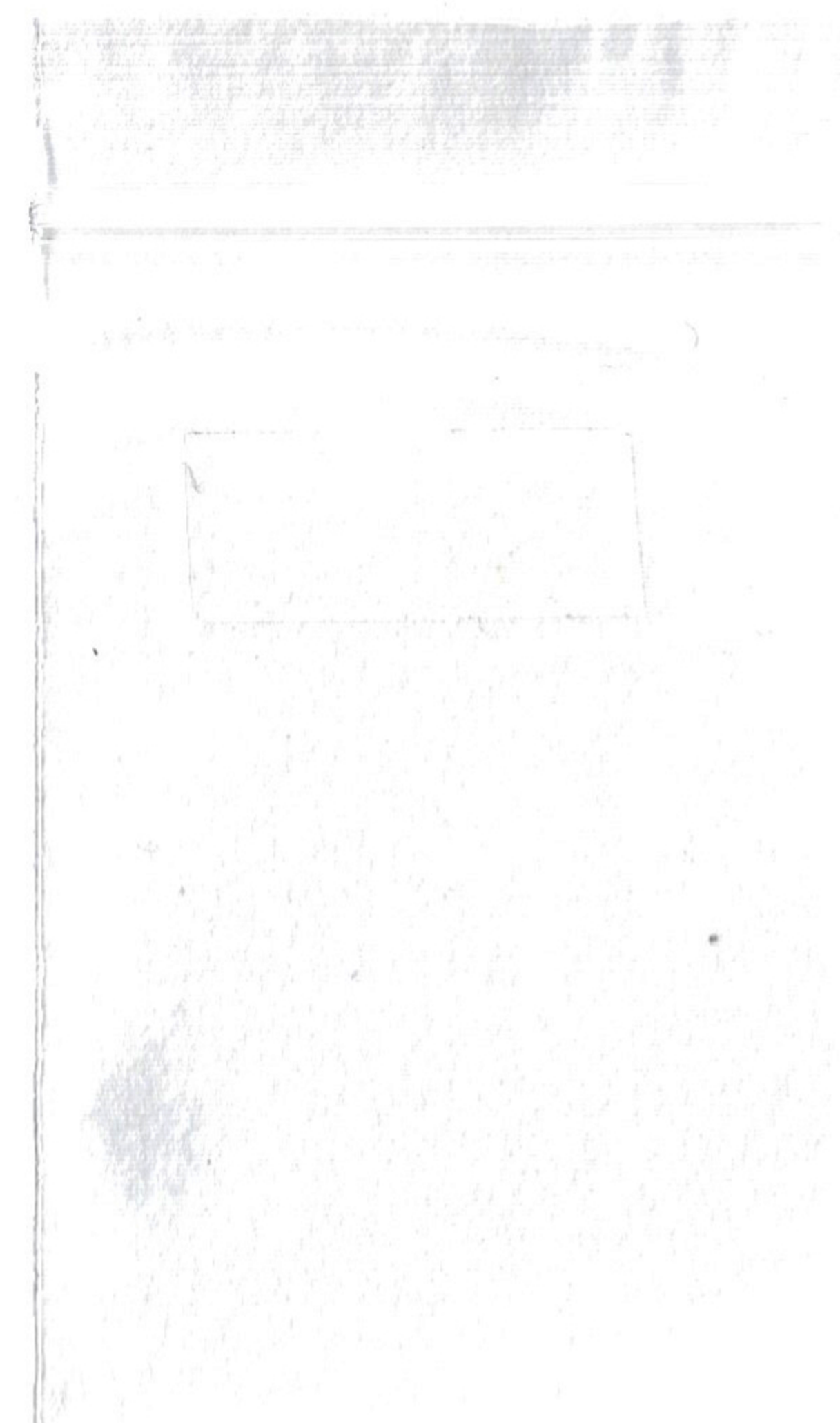


~~Door~~ inside



~~inside~~ door

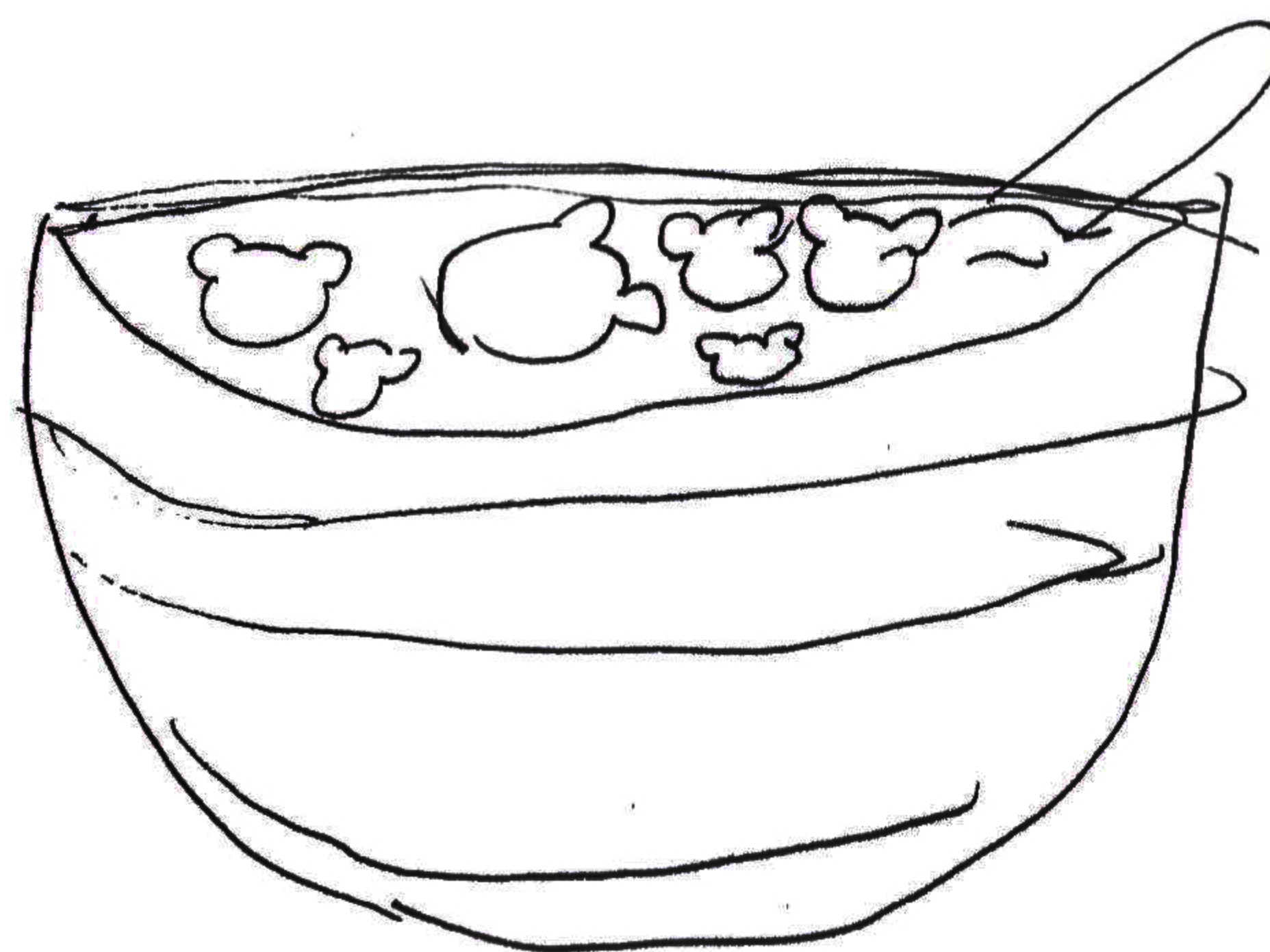
PUT SOME
DRY INGREDIENTS
INTO BAGS
FOR OTHERS
TO SMELL!



RECORD YOUR
MEALS FOR
ANOTHER DAY
IN WORDS OR
DRAWINGS!

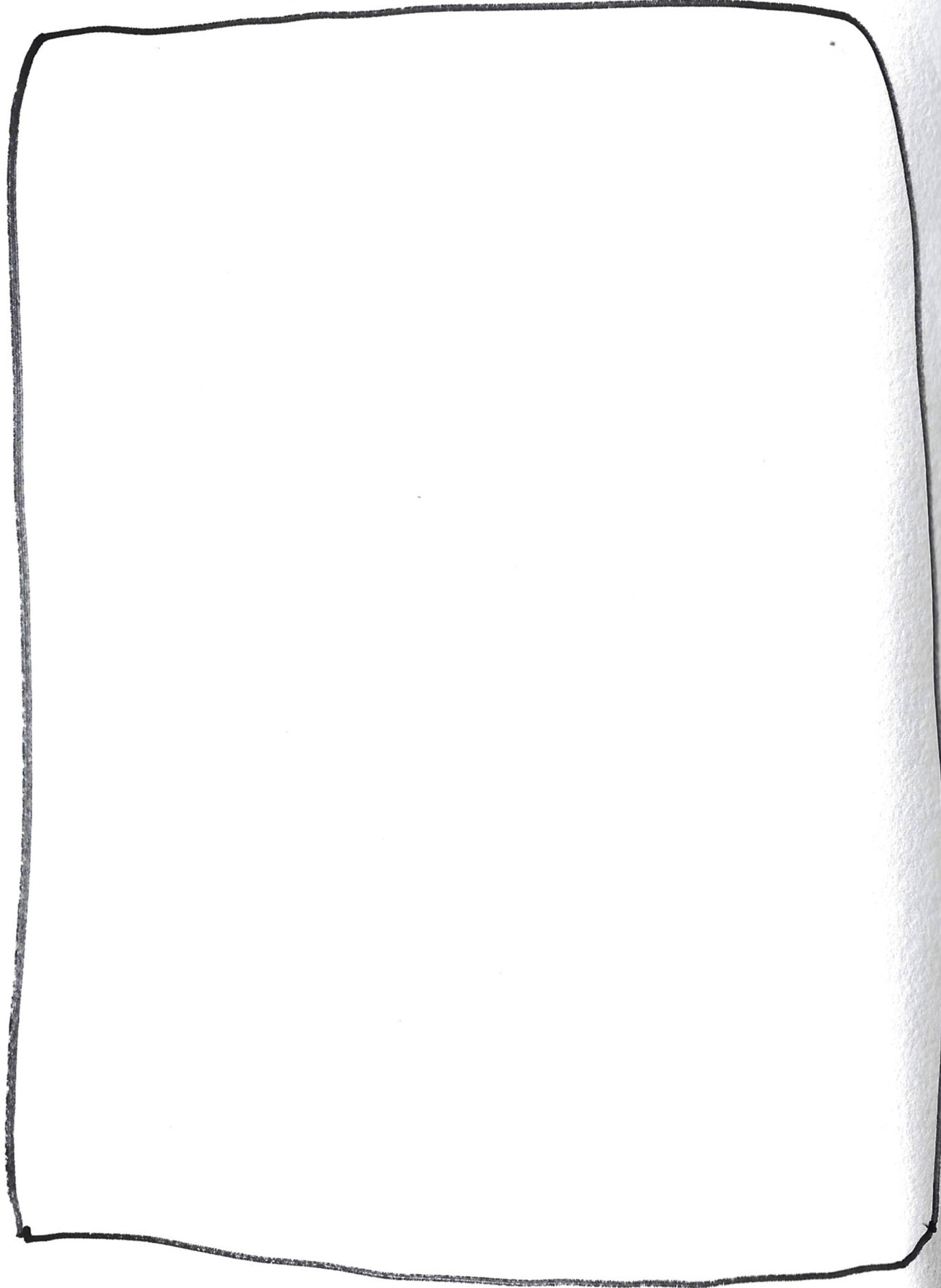
Date:

Breakfast



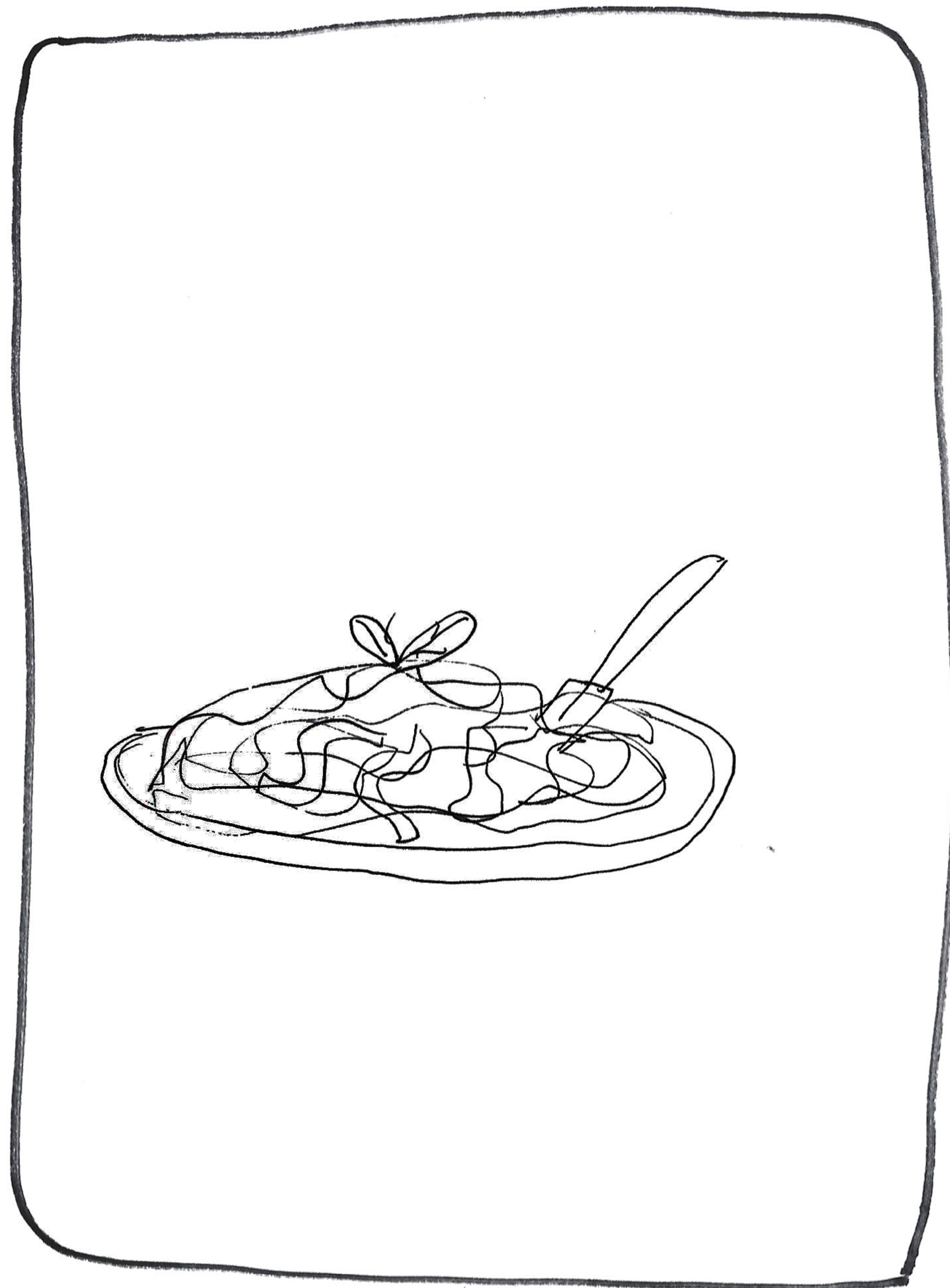
time: 5.00

Lunch



Time: _____

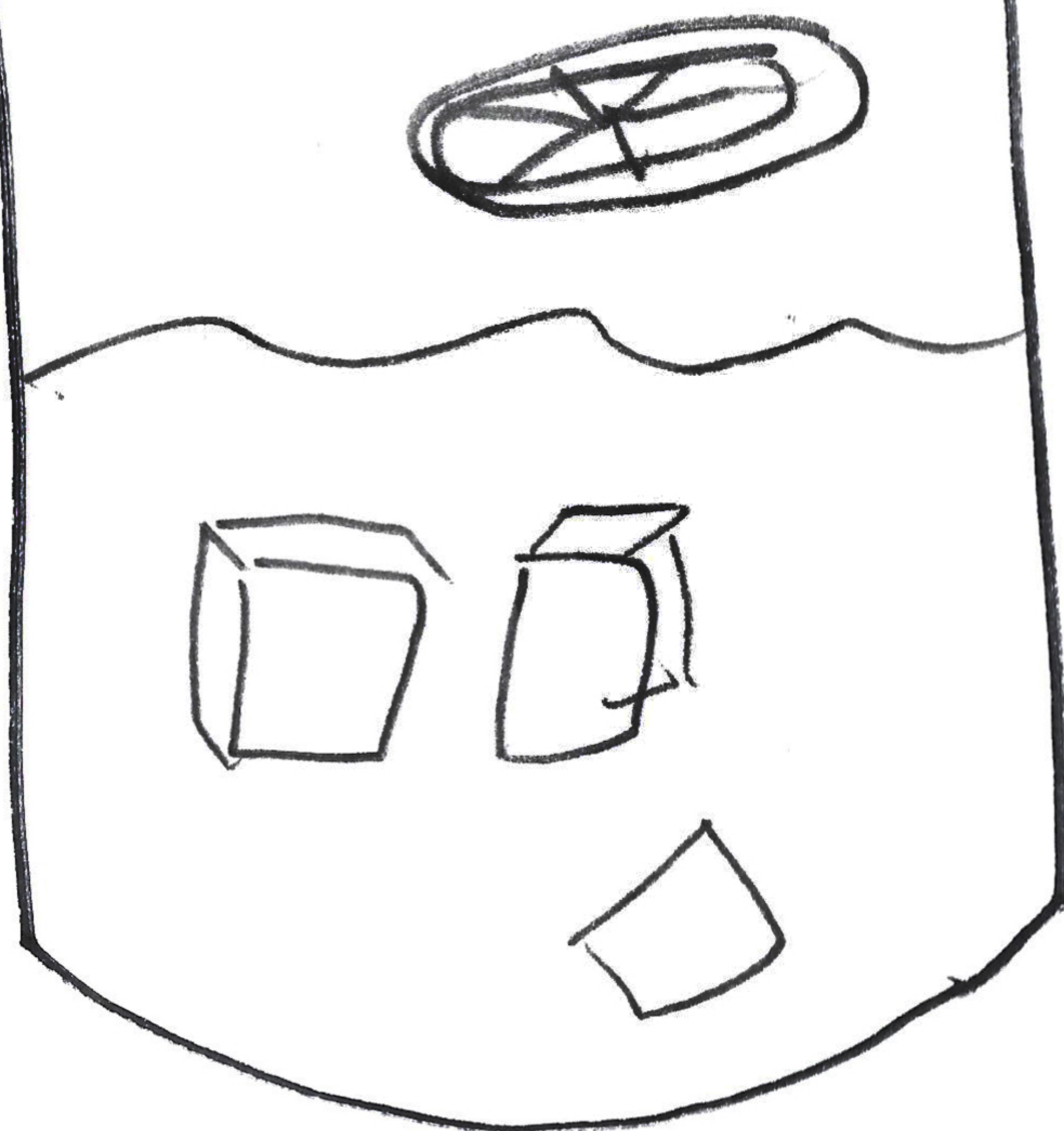
Dinner



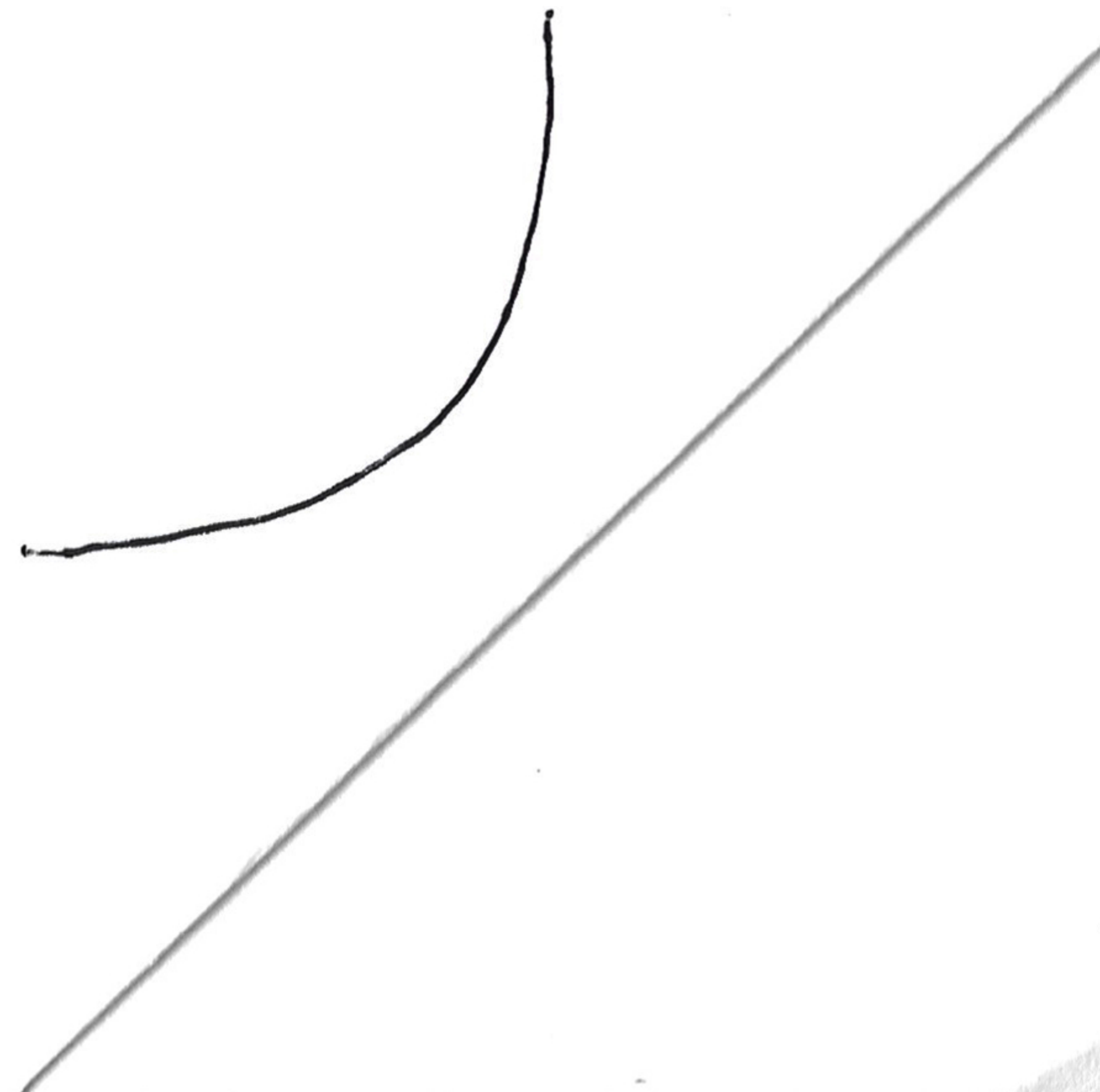
Time: 7.10

FILL THE
GLASS
WITH YOUR
FAVOURITE
DRINK!

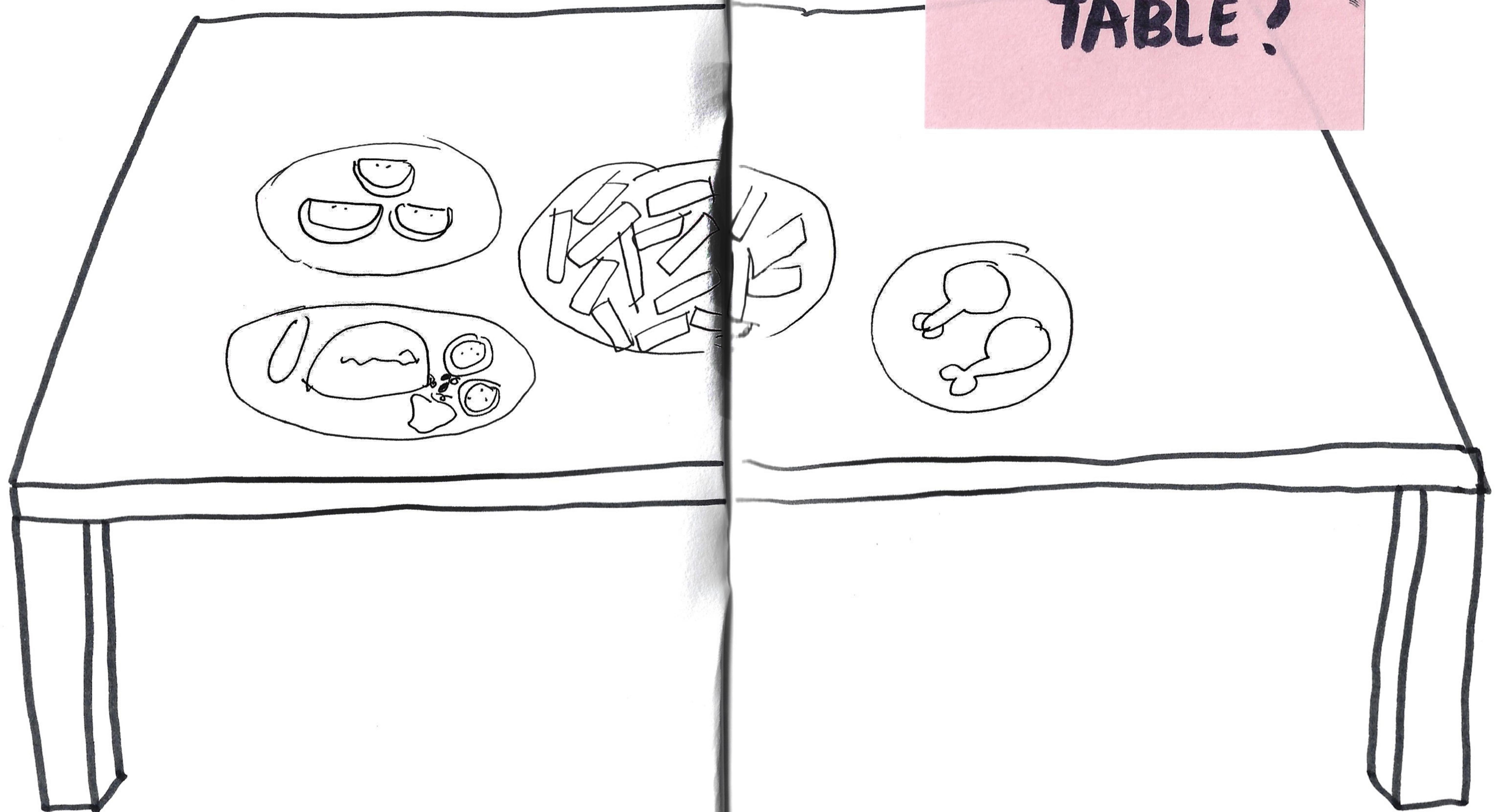
ice
demon.
tea



DIP THE
CORNER OF
THE PAGE
INTO YOUR
DRINK!



**WHAT'S ON
YOUR
DINING
TABLE?**



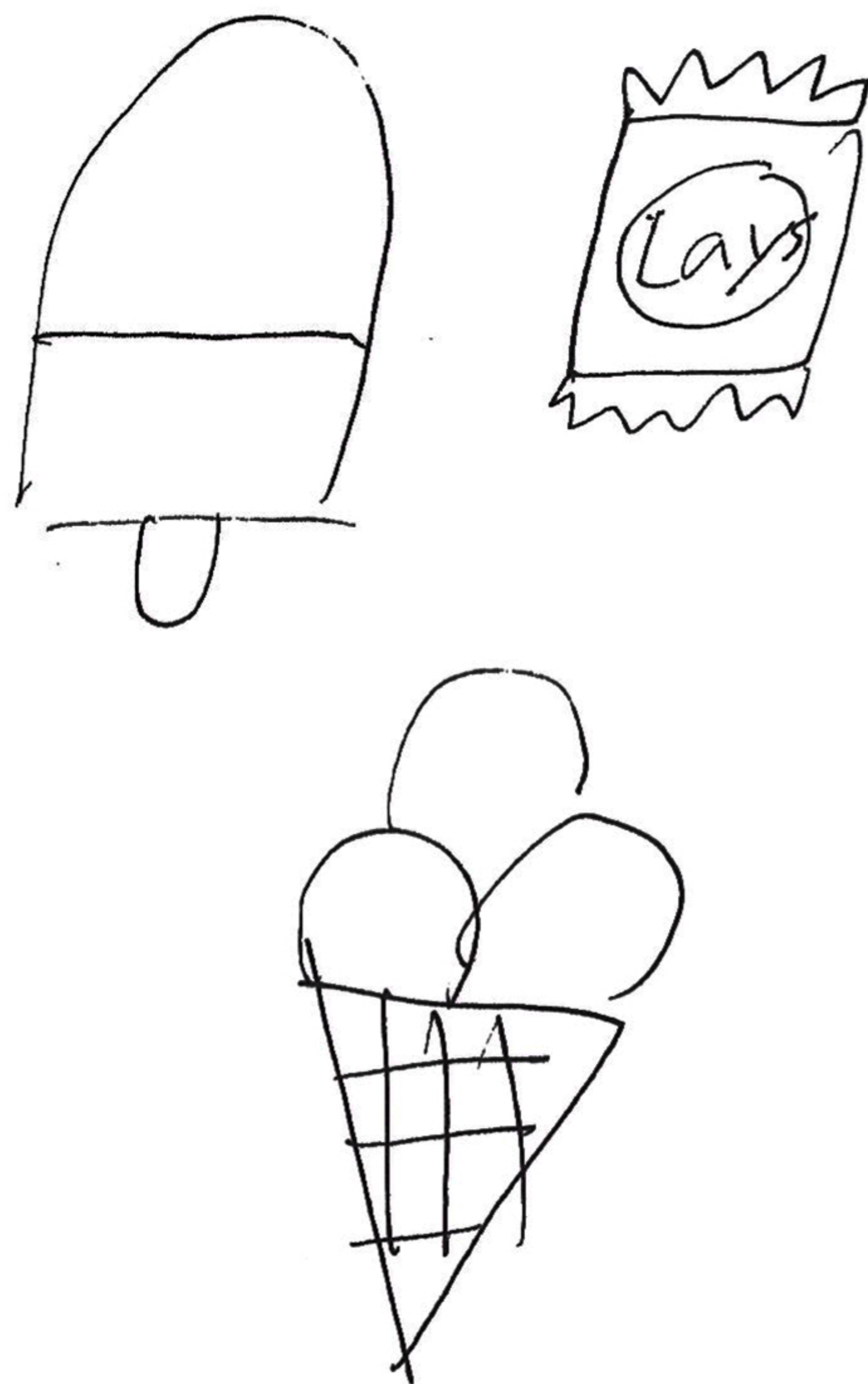
YOUR TOP THREE FAVOURITE FOODS?

1. Ayam merah
2. asampeda
3. nasi lemak

**DRAW YOUR
LAST
MEAL
BEFORE YOU
DIE**



**DRAW 3
OF YOUR
FAVOURITE
DESSERTS**



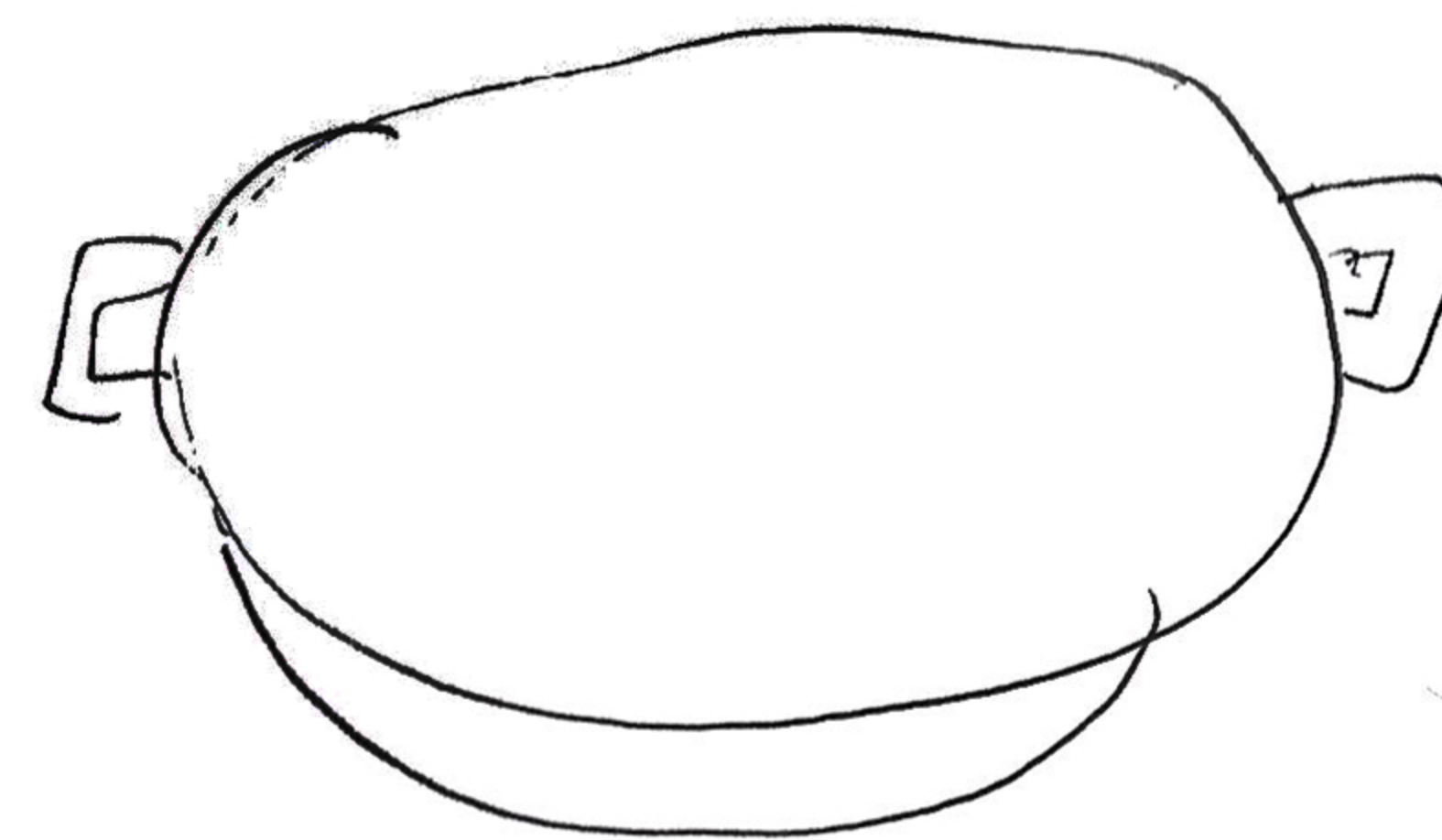
USE THIS PAGE
TO CLEAN
YOUR PLATE
AFTER YOU
FINISH YOUR
FOOD!



USE

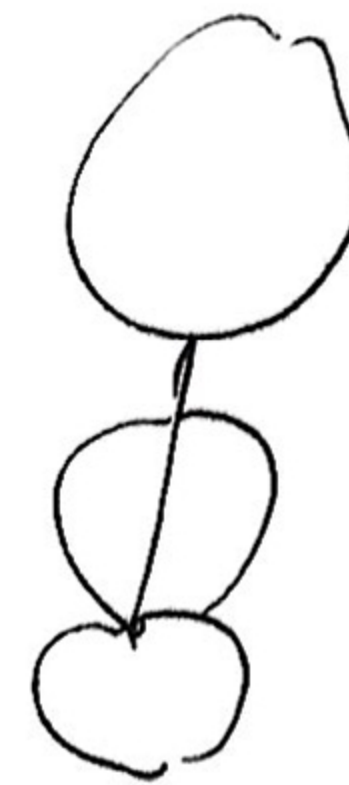
TO EAT.

**DRAW
INTERESTING
TOOLS YOU
USE TO COOK
WITH**

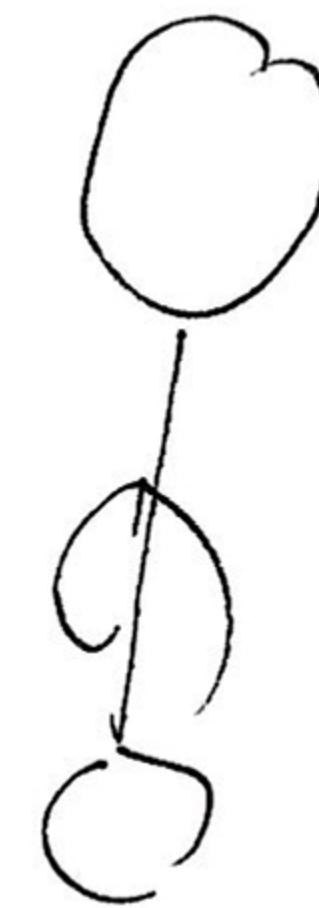


**DRAW THE
PERSON
YOU EAT
WITH!**

mom



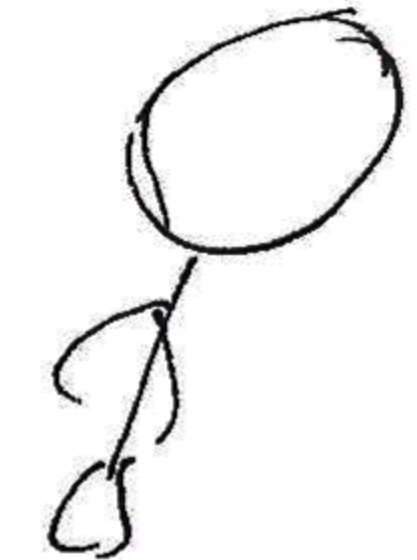
brother



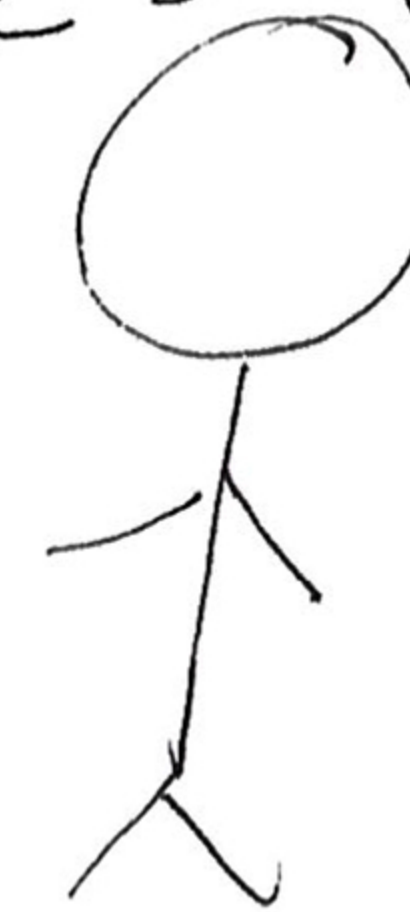
Hani



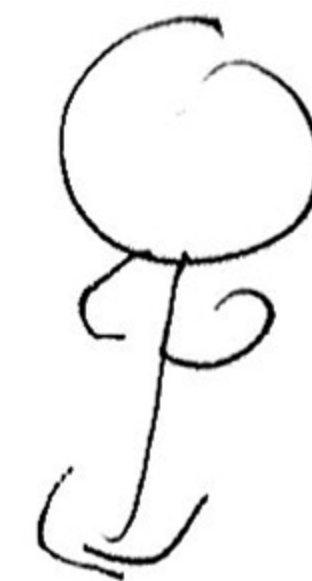
me



2 brother

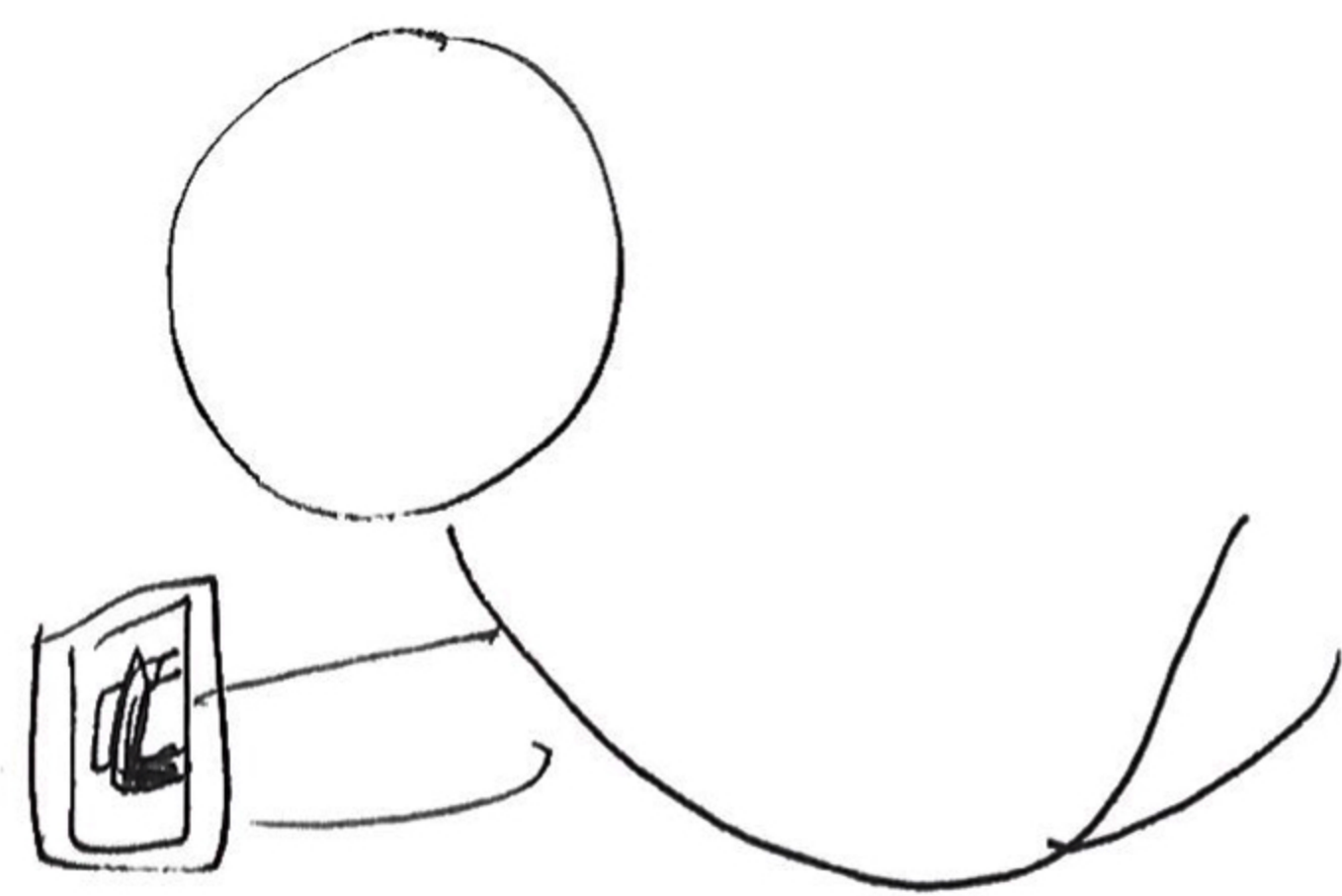


sister



WHAT RITUAL DO YOU DO BEFORE YOU EAT?

(eg. choose a TV program,
say a prayer, wash your
hands ... or not)



play games